Breast cancer begins when abnormal cancerous cells in the breast grow and multiply without stopping, creating a tumour.

Metastatic breast cancer (MBC) is cancer that has spread from the breast to other parts of the body; it is incurable, but new treatments are available today.

People with MBC must be treated in Specialist Breast Units (SBU) with Multidisciplinary Teams (MDT), to ensure receiving:

- Most up-to-date treatments
- Continuity of care
- Shared decision making
- Potential entry into clinical trials

Ongoing support that includes:

- Psychological care and counselling
- Rehabilitation
- Family care
- Career and work issues
- Counseling on financial problems and out-of-pocket costs; insurance issues